



2025-26 ALL-CONFERENCE TEAM

WOMEN'S INDOOR TRACK & FIELD

- G. LARRY JAMES MOST OUTSTANDING ATHLETE:** Elaina Styer, Stockton
- OUTSTANDING TRACK ATHLETE:** Lucia Garcia-Beltran, TCNJ
- OUTSTANDING FIELD ATHLETE:** Tonna Ogina, NJCU
- ROOKIE OF THE YEAR:** Denirah Jones, Rowan
- COACHING STAFF OF THE YEAR:** Rowan
(Shedrick Elliott III, John Oberg, Eric DuBois, Jassina Surlles, Joseph Kalnas, Milton Goode)

Event	First Team	Second Team	Honorable Mention
60m Hurdles	Nyla Jones Rowan	Sarah Scepkowski TCNJ	Keira Gibbons Rowan
60m Dash	Lucia Garcia-Beltran TCNJ	McKay Alby Montclair State	Maile O'Neill Montclair State
200m Dash	Lucia Garcia-Beltran TCNJ	Nyla Jones Rowan	Kelsey Thomas TCNJ
400m Dash	Kelsey Thomas TCNJ	Rukiyat Daranijo TCNJ	Amari Pinkett Rowan
800m Run	Dale Leonard Ramapo	Kelly O'Grady TCNJ	Kayla Kass Stockton
Mile Run	Gabriella Pagano Rowan	Allyson Wernik Rowan	Madelyn Valasek Stockton
3000m Run	Gabriella Pagano Rowan	Shannon Stakelbeck Rowan	Abigail Churchill Montclair State
5000m Run	Gabriella Pagano Rowan	Shannon Stakelbeck Rowan	Madelyn Valasek Stockton
4x200 Relay	TCNJ (Lucia Garcia-Beltran, Kelsey Thomas, Petra Doherty, Rukiyat Daranijo)	Rowan (Nyla Jones, Paige Franklin, Ava Reilly, Amari Pinkett)	Montclair State (Maile O'Neill, Kaelyn Rodriguez, Aisha Garcia, McKay Alby)
4x400 Relay	Rowan (Ava Reilly, Amari Pinkett, Paige Franklin, Lisa O'Sullivan)	TCNJ (Samantha Magin, Breanna Casais, Casey Noonan, Brenna Omert)	Stockton (Emma Conroy, Emma Petrolia, Marlie DiPalma, Kayla Kass)
Distance Medley	Rowan (Ava Rizzo, Domanique Armstead, Lisa O'Sullivan, Gabriella Pagano)	Ramapo (Dale Leonard, Kamalah Williams, Rea Pagatpatan, Zoe Gregory)	Stockton (Madison Pratt, Emma Conroy, Jessica Bruther, Sophia Cornell)
Weight Throw	Fejro Akiri Rutgers-Newark	Allison Lavin TCNJ	Alexia Bey Rowan
Shot Put	Allison Lavin TCNJ	Chloe Brijbag Montclair State	Alexia Bey Rowan
Long Jump	Denirah Jones Rowan	Tonna Ogina NJCU	Lia Malave TCNJ
Triple Jump	Tonna Ogina NJCU	Emma Petrolia Stockton	Lia Malave TCNJ
High Jump	Tonna Ogina NJCU	Sarah Scepkowski TCNJ	Micel Martinez Montclair State
Pole Vault	Eva Morrison Stockton	Megan Morris Stockton	Sydney Rick Stockton
Pentathlon	Elaina Styer Stockton	Sarah Scepkowski TCNJ	Marlie DiPalma Stockton